Top Ten Pearls: Interactive Cases in Dermatology

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1. Women who develop melanoma during pregnancy or within one year of delivery have worse prognosis.

2. The “dimple sign” is most often indicative of a dermatofibroma.

3. An eschar following appropriate travel and seen in a “sick” patient, should suggest: anthrax, plague, scrub typhus, and African tick-bite fever.

4. Profuse bleeding after touching a growth strongly suggests pyogenic granuloma: these are most commonly seen in association with pregnancy.

5. Bedbug bites are typically seen in clustered groups of 3-4

6. Ixekizumab is the ONLY biologic agent indicated for alleviation of genital psoriasis.

7. Pseudomonas infection of the nail, turning it green, is typically a secondary phenomenon due to some other nail pathology (such as onychomycosis).

8. Antibiotics and Anticonvulsants are most often associated with DRESS syndrome: cutaneous erythema and swelling (face), peripheral eosinophilia, and systemic signs.

9. Solar (senile) purpura can be improved by daily ingestion of citrus bioflavonoids.

10. Melanoma in skin of color, especially African-Americans, often occurs on the foot.